



A Wise Choice

For You and Your Family



Your Guide to MDwise Health Plans





MDwise is your local, Indiana-based nonprofit health care company. Our mission is to provide high quality health care. We only take care of families in Indiana. We work with the State of Indiana to bring you the Hoosier Healthwise, Healthy Indiana Plan and *Care Select* health insurance programs.

MDwise has a large network of doctors, specialists and hospitals throughout the State of Indiana. We can help you make wise choices about your health, the health of your family and choosing a medical home. MDwise takes pride in providing Indiana families with quality and affordable health coverage for the whole family.

MDwise is accredited by a national organization that measures the quality of health care, called the National Committee for Quality Assurance (NCQA). MDwise achieved the top position among all Indiana Medicaid Health Plans under NCQA's Health Insurance Plan Rankings for 2010-11 Medicaid.



MDwise is the right health plan for you and your family.



94% of MDwise members surveyed would recommend MDwise to their family and friends.

(2011 MDwise Member Satisfaction Survey)



Hoosier Healthwise

What is Hoosier Healthwise?

Hoosier Healthwise is a health care program that serves Hoosier children, pregnant women and low income families. The state determines if you're eligible by household size and income.

You could qualify for Hoosier Healthwise if:

- You are a child under the age of 19 living in a low income household.
- You are a low income pregnant woman.
- You are a parent or other caretaker relative who meets the financial requirements.
- You qualify for Temporary Assistance for Needy Families (TANF) and/or food stamps (SNAP).

How can I apply?

- To apply in person go to in.gov/fssa/ompp/3030.htm for a list of enrollment centers in your county.
- To apply online go to in.gov/fssa/dfr/2999.htm and click on your county.

MDwise Hoosier Healthwise members can get many health services including:

- Doctor check-ups
- Behavioral and mental health care
- Free rides to doctor visits (Except Package C members)
- School-based health services
- Dental and eye care
- Prescription drug coverage (Co-pays from \$3–\$10)
- Surgeries, inpatient, outpatient and emergency services
- Web-based health and disease information



RIDEwise

Enjoy free rides to doctor's visits

MDwise offers many special programs to help you and your family stay healthy. Below are some of the programs we offer to our members. Go to MDwise.org for additional information.

 **NURSE**on-call
Speak with a nurse 24 hours a day

 **SMOKE**-free
Get help kicking the tobacco habit

 **WEIGHT**wise
Reach and maintain a healthy weight

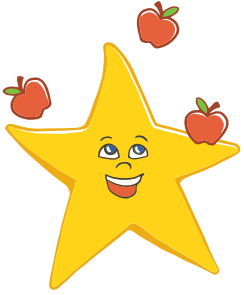
 **IN**control
Be in control of your health

MDwise REWARDS

MDwise has a rewards program for Hoosier Healthwise members. By completing the following activities, you can earn points to get gift cards:

- Sign up for myMDwise member portal and give us your email address.
- Complete a Health Risk Screening (HRS).
- Get your yearly physical exam or check-up.
- Get all required well-child exams.
- Get your annual mammogram.
- Go to all of your prenatal appointments.
- Go to your postpartum exam.
- Complete HbA1c annual screening if you have diabetes.

You can go to MDwise.org/rewards for more information. If you don't have Internet access, you can call MDwise customer service.



MDwise has special programs for pregnant women.



BLUEBELLE
beginnings

Give your newborn a healthy start

BLUEBELLEbeginnings is a program just for MDwise members who are pregnant. MDwise holds Bluebelle's baby showers for pregnant members across the state. We provide pregnancy information and resources.

Text4baby

Get FREE text messages and reminders each week that will help you through your pregnancy and your baby's first year. To sign up, text BABY to 511411. Most cell phone companies participate in this free program. Text4baby is an educational program of the National Healthy Mothers, Healthy Babies Coalition. For more information, please visit text4baby.org.



CONTACT US:

MDwise Hoosier Healthwise
P.O. Box 441423
Indianapolis, IN 46244-1423

MDwise.org/hoosierhealthwise
1-800-356-1204, option 2
24-hour customer service and other languages

To find a doctor go to MDwise.org/findadoctor



HEALTHY INDIANA PLANSM
Health Coverage = Peace of Mind

Healthy Indiana Plan (HIP)

What is the Healthy Indiana Plan?

The Healthy Indiana Plan (HIP) is an affordable health insurance plan that serves uninsured Hoosier adults.

You could qualify for HIP if you meet all of the following requirements:

- You have been uninsured for at least six months.
- Your employer does not offer health insurance.
- You are between the ages of 19–64.
- You are not eligible for Medicaid or Medicare.
- You have a household income equal to or less than 22% to 200% of the FPL (Federal Poverty Line).
- You are a legal U.S. resident.

How can I apply?

- To apply in person go to in.gov/fssa/ompp/3030.htm for a list of enrollment centers in your county.
- To apply online go to in.gov/fssa/dfrr/2999.htm and click on your county.
- To ask questions, call 1-877-Get-HIP-9.

What is a POWER Account?

All MDwise HIP members have a Personal Wellness and Responsibility account or “POWER account.” Members use the account to pay for their first \$1,100 of medical services. Preventive services are free and unlimited. They are not taken out of your POWER account. Your POWER account is made up of your monthly contribution and the State’s contribution. Your monthly contribution is calculated by your family size and income.

Once you pay your first monthly contribution you are enrolled. Your employer can also pay up to 50% of the required annual contribution amount to your POWER account. Go to MDwise.org/employer for details about employer contribution.

MDwise Healthy Indiana Plan members can get many health services including:

- Doctor check-ups
- Behavioral and mental health care
- Prescription drug coverage
- Surgeries, inpatient, outpatient and emergency services
- Web-based health and disease information

MDwise offers many extra programs to help you and your family stay healthy. Below are some of the programs we offer to our members. Go to MDwise.org for additional information.

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 **SMOKE**-free
Get help kicking the tobacco habit

 **WEIGHT**wise
Reach and maintain a healthy weight

 **IN**control
Be in control of your health



MDwise REWARDS



MDwise has a rewards program for HIP members. By completing the following activities, you can earn points to get gift cards:

- Sign up for myMDwise member portal and give us your email address.
- Sign up to get your HIP monthly statements through myMDwise member portal.
- Complete a Health Risk Screening (HRS).
- Get your yearly physical exam or check-up.
- Get your annual mammogram.
- Complete HbA1c annual screening if you have diabetes.

You can go to MDwise.org/rewards for more information. If you don't have Internet access, you can call MDwise customer service.



CONTACT US:

MDwise Healthy Indiana Plan

P.O. Box 44236

Indianapolis, IN 46244-0236

MDwise.org/healthyindiana

1-800-356-1204, option 3

24-hour customer service and other languages

To find a doctor go to MDwise.org/findadoctor



Indiana Care Select

What is Care Select?

Indiana *Care Select* is a disease management program serving Hoosiers who are mentally or physically disabled, aged, blind, wards of the court, foster children or children receiving adoption assistance.

You could qualify for *Care Select* if you meet state income and resource guidelines. You must be diagnosed with at least one of the following conditions:

- Depression
- Serious Mental Illness
- Serious Emotional Disturbance
- Congestive Heart Failure or Coronary Artery Disease
- Chronic Kidney Disease
- Asthma
- Diabetes
- Hypertension

How can I apply?

- To apply online go to in.gov/fssa/dfr/2999.htm and click on your county.

MDwise *Care Select* members can get many health services including:

- Doctor check-ups
- Hospitalization
- Dental and eye care
- Web-based health and disease information
- Behavioral and mental health care
- Prescription drug coverage
- Durable medical equipment and home medical management

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CONTACT US:

MDwise Care Select

MDwise.org/caresselect

P.O. Box 44214

1-800-356-1204, option 1

Indianapolis, IN 46244-0214

24-hour customer service and other languages

To find a doctor go to MDwise.org/findadoctor



Quick Contact Reference

MDwise Hoosier Healthwise
MDwise.org/hoosierhealthwise



1-800-356-1204, option 2

MDwise Healthy Indiana Plan (HIP)
MDwise.org/healthyindiana



1-800-356-1204, option 3

MDwise Care Select
MDwise.org/caresselect



1-800-356-1204, option 1





Large Network of Doctors. MDwise has a doctor and hospital near you that offers the highest quality of care.



MDwise Rewards. Earn points for a variety of activities. Then shop for gift cards with your points.



Special Programs. MDwise offers many extra programs to help you and your family stay healthy.



Indiana-Based. MDwise only takes care of families in Indiana.



Nonprofit Company. MDwise's resources are only used to provide quality health care for our members.

