

# Hoosier Healthwise and Healthy Indiana Plan



MDwise is Indiana's only not-for-profit health care company exclusively providing many of the state's most underserved citizens, Hoosier children and adults, with low cost or no cost health insurance.



## Disease Management Programs



# Hoosier Healthwise and Healthy Indiana Plan Disease Management Programs

As a provider you do not need to do anything to use our disease management services. Members with a qualifying diagnosis of Diabetes, Coronary Artery Disease (CAD), Chronic Obstructive Pulmonary Disease (COPD), Asthma, Congestive Heart Failure (CHF), Chronic Kidney Disease (CKD), Depression, Attention-Deficit Hyperactivity Disorder (ADHD), Pervasive Developmental Disorder (PDD), or Pregnancy are automatically enrolled in the disease management programs. The programs offer assistance to our members with the diseases listed above. Disease managers are available to:

- Provide educational materials by mail and through the MDwise website and other electronic communications.
- Work one-on-one with high-risk qualifying members to assist them in gaining control of their disease.
- Assist with lifestyle issues affecting members, such as referral to smoking cessation courses or educational classes.
- Answer member questions about their diseases and disease management.

If you have any questions, please contact us toll-free at **1-800-356-1204** or **317-630-2831** in the Indianapolis area. Disease managers are available for all of the above 10 listed conditions.



## DISEASE MANAGEMENT

### Assisting Practitioners in Improving the Health of Members with Chronic Conditions

The goal of the MDwise disease management program is to work with our practitioners and members to improve quality of care. Practitioners and members can access the MDwise disease management program's written materials on our website at **MDwise.org**. It is our hope that practitioners will utilize this information as an additional resource for their MDwise patients with chronic conditions, and that members will use it to learn more about their condition. Providers are also welcome to refer newly diagnosed members to our disease management programs for prompt follow-up and reinforcement of key disease information.

The MDwise disease management program offers the following:

- The MDwise Provider Report supplies the practitioner via ManagedCare.com with information on members' hospital and emergency room utilization for their chronic condition and compliance with their medications. It also alerts the practitioner if the member is due for evaluation or specific testing of their chronic condition or of a need for preventive treatment, e.g. influenza vaccination.
- Member educational materials through the plan's website (**MDwise.org**) and the MDwise disease manager.

MDwise disease managers are available to assist providers with achieving health outcomes for our members with chronic conditions. These managers can provide educational in-services for office staff, supply resources, such as the GOLD and other guidelines, provide inhaler demonstrations, and answer provider questions regarding the care of our members.

If you have any questions about the MDwise disease management program or suggestions about how the program can better assist you as you care for MDwise members with these conditions, please contact your MDwise Provider Relations representative.

MDwise.org

1.800.356.1204 or 317.630.2831 in the Indianapolis area