



## **Preventive Health Guideline: Guidelines for Adult Health Supervision**

### **Guideline Reference Number: P2**

#### **Purpose**

Define the health supervision and immunization schedule for adults.

#### **Guideline**

Clinical preventive services for adults will be performed in accordance with the U.S. Preventive Services Task Force's "[Preventive Services Recommended for Adults](http://www.ahrq.gov/clinic/pocketgd.htm)" <http://www.ahrq.gov/clinic/pocketgd.htm>

Immunizations for adults will be performed in accordance with the Center for Disease Control's "[Recommended Adult Immunization Schedule](#)".

#### **Guideline Distribution and Access**

Guidelines are included in the MDwise Provider Manual and posted on the MDwise website. They are available individually as requested.

#### **Measurement of Guideline Compliance**

MDwise uses HEDIS methodology to measure the following specific preventive health screenings. HEDIS measures:

- Breast Cancer Screening
- Cervical Cancer Screening
- Colorectal Cancer Screening
- Chlamydia Screening for Women
- Flu Shots for Adults Ages 50-64 (through CAHPS Health Plan Survey)

#### **Recognized Sources**

Agency for Healthcare Research and Quality (AHRQ) U.S. Preventive Services Task Force (USPSTF) Guide to Clinical Preventative Services 2008 [Preventative Services Recommended by the USPSTF Recommendation for Adults Section](#)

[CDC Summary of Recommendations for Adult Immunization April 2008](#) (Adapted from recommendations of the Advisory Committee on Immunization Practices by the Immunization Action Coalition)

#### **Review / Approval**

MDwise Medical Advisory Council -- Approval Date: 9/10/08 PO254 (12/08)