

MDwise has a rewards program for every Healthy Indiana Plan (HIP) member.

MDwise members are automatically enrolled in the MDwiseREWARDS program.



## Reward Options

If You Have Earned	Amount Of Gift Card	Gift Card Choices
10 points	<b>\$10</b>	1. Subway 2. AMC movie passes (Go to <a href="http://www.amctheatres.com">www.amctheatres.com</a> to find locations statewide) 3. Apply to my HIP POWER Account for HIP Plus
25 points	<b>\$25</b>	1. Grocery Card for Kroger* 2. Walgreens 3. Target 4. Apple Card (Use to purchase iTunes. Only available at 25 point level) 5. Amazon 6. Gym Reimbursement 7. Apply to my HIP POWER Account for HIP Plus
50 points	<b>\$50</b>	1. Target 2. Grocery Card for Kroger* 3. Kohl's 4. Speedway 5. Gym Reimbursement 6. Apply to my HIP POWER Account for HIP Plus
75 points	<b>\$75</b>	Choose three \$25 gift cards <b>or</b> a \$50 and \$25 gift card.
100 points	<b>\$100</b>	Choose two \$50 gift cards <b>or</b> a combination of others to equal \$100.

\* Gift card is also good at Smith's, Baker's, Owen's, JayC, Hillander, PayLess Super Markets, Food4Less, Scott's, Fred Meyer, Turkey Hill, KwikShop, Loaf 'n Jug, QuikStop, TomThumb and Smith's Express.

## Rules

Every MDwise Healthy Indiana Plan (HIP) member can earn his or her own points. MDwise will count up each member's points on a regular basis. Log on to [MDwise.org/myMDwise](http://MDwise.org/myMDwise) to see how many points you have and how you earned them. You can also redeem your points and order your gift card. If you do not have a computer or need help, call MDwise customer service at **1-800-356-1204**.

**Here are some rules that must be followed to earn and redeem points:**

- You must be a MDwise HIP member at the time you receive the service or perform the action.
- You must be a MDwise HIP member at the time you redeem your points and earn your reward.
- If you only have coverage during your pregnancy, you can still redeem your points for up to six months after your pregnancy is over. This can happen even if you are not eligible for a different MDwise program following your pregnancy. You may need to call MDwise customer service in order to redeem your points.
- Each member can redeem up to \$300 worth of points each year. This means that the most you can get is \$300 each calendar year.
- Points you earn for each activity will expire 2 years from the date of that activity. For example, if you get your annual physical exam on July 1 of this year you will earn 10 points. The 10 points for that visit will expire on July 1 two years from now. You must use these points before they expire or you will lose them.
- It is your responsibility to be sure we have your correct address at all times. If we send a card to you at the wrong address we will not resend that card. We will only resend it to you if it is returned to us in the mail.
- Sometimes your points will not show up right away. Many of the points you earn depend on your doctor sending us the claim or the bill for that service. This sometimes takes several months. Please be patient!
- For HIP members that choose the POWER Account contribution option as their reward, these funds will go towards your payment to stay in the HIP Plus plan. The Plus plan has more benefits like dental and vision coverage. You also do not have co-pays with HIP Plus. If you choose this, MDwise will put this towards your yearly payment. That means you may owe less or nothing at all, depending on how much your yearly payment is.
- If you do not actively use your points, we may offer to apply your unused points to help pay your POWER Account. We will send you a letter asking you if you want to do this. This will move you into the HIP Plus Plan, or help you pay your monthly contribution to stay in Plus. HIP Plus has extra benefits, like dental and vision.
- MDwise reserves the right to change the MDwiseREWARDS program at any time. We will keep the website updated with any changes.

# How HIP Members Can Earn Rewards Points



All members



Pregnant women

Each HIP member can earn points for completing activities as color coded below. More than one color group may apply to each member.

Action	How often	Number of points	Details
Join myMDwise at MDwise.org/myMDwise	1 time	5	This allows us to communicate with you online. You must provide an email address. All communications will be private.
Sign up to get electronic communications through myMDwise	1 time	5	Sign up to receive monthly statements and other communications each month by email or through myMDwise instead of through the mail.
Answer questions about your health (Health Needs Screening)	1 time	10	<b>Each new MDwise member:</b> Earn points by answering health questions for us. We call this a Health Needs Screening. You can do this online through myMDwise, by phone or by mail.
Gym activity	2 times each year	5 per month with 5 visits	You can earn points by going to the gym at least 5 times in a month to reach a maximum of 50 points for the year! You must provide documentation of your visits. Please send documentation to rewards@mdwise.org.
Tobacco cessation	1 time each year	100	If you smoke or use tobacco you can earn points for trying to quit. Complete a cessation program (e.g. Indiana's Tobacco Quitline, Baby and Me Tobacco Free, a program through a hospital or clinic) and earn points. You will have to ask them for a certificate or letter saying that you completed it. Then send a copy to MDwise by mail, fax or email to get your points. Send to: MDwiseREWARDS, P.O. Box 441423, Indianapolis, IN 46244 Fax (toll-free): 1-844-759-8551, Email: rewards@mdwise.org.
Stay tobacco free for 12 months	4 times each year	25	If you complete a tobacco cessation program as described above, quit your tobacco use and stay tobacco free, we will reward you. We will contact you at one month (or 30 days), 3 months, 6 months and at 12 months (1 year) to check on your progress. If you stay tobacco free at each of those intervals you can earn an additional 25 points each time.
Dental exam	2 times a year (once every 6 months)	5 each visit	For adults, dental exams should occur every 6 months or as recommended by your dentist.
Flu shot	1 time each year	5	Adults should get a flu shot or vaccination every flu season. Talk to your doctor about getting your annual flu shot.
Follow-up appointment after a mental health inpatient hospital stay	After each hospitalization	10	It is important to go to a follow-up appointment after your mental health inpatient hospitalization stay. This appointment should be at an outpatient office or with a counselor. In order to receive REWARDS points, this outpatient appointment must take place within 7 days of your discharge date from the hospital.
Complete Intensive Outpatient Program (IOP) session for Substance Use Treatment	Up to 10 sessions each year	10 each session	If you have a Substance Use Disorder and complete IOP sessions, you can earn 10 points for each session. You can earn points for up to 10 sessions each year. There are special requirements you need to meet in order to qualify for this.
Annual physical exam	1 time each year	10	<b>Ages 18+:</b> Call your doctor's office to schedule this important exam once each year.
Cervical cancer screening (Pap test)	1 time each year	5	<b>Female members starting at age 21 (or sooner if your doctor recommends it):</b> Your doctor may want you to get this important preventive screening every year or once every 3 years. It depends on your risk factors.
Annual mammogram	1 time each year	5	<b>Female members ages 40+:</b> Talk to your doctor about scheduling this important preventive screening.
Hemoglobin A1c (HbA1c) test (special blood sugar test)	1 time each year	5	If you are diagnosed with diabetes, this is a very important test to get. It tests your average blood sugar over time. You may need this test more than one time each year. Talk to your doctor about how often you need to schedule this.
Prenatal appointments	Each prenatal appointment you keep during the pregnancy	3 each visit	<b>Pregnant members:</b> Schedule a doctor's appointment as soon as you know you are pregnant. During an average pregnancy you may have 16 visits, although your doctor may recommend more or less.
Postpartum exam	1 time following the pregnancy	10	<b>Pregnant members:</b> Schedule the exam with your doctor's office. It needs to be completed within 4–8 weeks (21–56 days) from the day you had your baby.