Important Facts about:
HEDIS Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)

What is the Measure?
The percentage of children and adolescents 1-17 years of age who had two or more antipsychotic prescriptions and had metabolic testing.

Why This Measure is Important:
• Due to the risk of drug-related weight gain and the risk of diabetes in patients who are prescribed anti-psychotic and atypical anti-psychotic medications, it is important to monitor metabolic functioning.
• The American Diabetes Association, the American Psychiatric Association, the American Association of Clinical Endocrinologists and the North American Association for the Study of Obesity have recommended stringent monitoring of metabolic status.

How can I improve my HEDIS scores?
1. Educate your patients on side effects of antipsychotics and risk of weight gain and diabetes.
2. Perform at least one test for blood glucose or HbA1c yearly.
3. Perform at least one test for LDL-C and cholesterol yearly.
4. Pre-schedule follow-up and lab visits when writing or dispensing new medications and refill medications as indicated.
5. Document what was done accurately and be specific.

For More Information:
• Regarding Behavioral Health HEDIS measures, contact the Behavioral Health Specialist at MDwise by calling 317-983-7768.
• If you have questions regarding a MDwise member, call Customer service at 1-800-356-1204.