

## Important Facts about: HEDIS Metabolic Monitoring for Children and Adolescents on Antipsychotics (APM)

### What is the Measure?

The percentage of children and adolescents ages 1-17 years of age who had two or more antipsychotic prescriptions and had metabolic testing.

### Why This Measure is Important:

- Due to the risk of drug related weight gain and the risk of diabetes in patients who are prescribed anti-psychotic and atypical anti-psychotic medications, it is important to monitor metabolic functioning.
- The American Diabetes Association, the American Psychiatric Association, the American Association of Clinical Endocrinologists and the North American Association for the Study of Obesity have recommended stringent monitoring of metabolic status.

### How can I improve my HEDIS scores?

1. **Educate your patients** on side effects of antipsychotics and risk of weight gain and diabetes.
2. **Perform** at least one test for blood glucose or HBA1c yearly.
3. **Perform** at least one test for LDL-C or cholesterol yearly.
4. **Provide accurate billing** to reflect that the above services were performed.
5. **Document** what was done accurately and be specific.

### For More Information:

- Regarding Behavioral Health HEDIS measures contact the Behavioral Health Specialist at MDwise.
- If you have questions regarding a MDwise member, call Customer service at: **1-800-356-1204**.