

## Important Facts about: HEDIS Follow Up After Hospitalization for Mental Illness (FUH)

### What is the Measure?

The percentage of discharges for members 6 years of age and older who were hospitalized for treatment of selected mental illness or intentional self-harm diagnoses and who had a follow-up visit with a mental health practitioner. **Two rates are reported:**

- The percentage of discharges for which the member received follow-up within 30 days after discharge.
- The percentage of discharges for which the member received follow-up within 7 days after discharge.

### Why This Measure is Important:

- A mental health provider can help the member transition to school, work and home once discharged.
- Follow up after hospitalization can help detect difficulty coping or reactions to medication changes made during hospitalization. The appointment allows for early evaluation of any medication changes made during hospitalization.

### How can I improve my HEDIS scores?

1. **Educate your patients** on importance of following up with a mental health provider after being discharged from an inpatient mental health hospitalization.
2. **Schedule an appointment** with a mental health provider. PMP appointments do not count towards the measure.
3. **Make sure appointments are within 7 days** of being discharged but not the same day of discharge.
4. At discharge, provide the member with detailed information **regarding their follow up appointment.**
  - Include **date, time, name of person** they are seeing, address of office and any other information to help them feel comfortable getting to the appointment.
  - Discuss **transportation** to the appointment. Contact MDwise Customer Service to confirm member eligibility for transportation services.
  - Address **barriers** the member thinks may interfere with going to the follow up appointment.

### For More Information:

- Regarding Behavioral Health HEDIS measures contact the Behavioral Health Specialist at MDwise.
- If you have questions regarding a MDwise member, call Customer service at: **1-800-356-1204**.