

Instructions for Going Home

Leaving the hospital is your first step toward healing and recovery! Following these steps will help you.

MY PLAN

Take my medicine

Medicine	Dose	What it's for

If I have any problems with my medicine I should: _____

My next appointment with my prescriber is scheduled for: Date: _____ Time: _____

Location: _____ Phone Number: _____

My Medicaid Number is: _____

Continue my therapy

My follow up appointment is at: _____

Date: _____ at _____ : _____ with _____

Office phone number: _____

To make sure I get to my appointment, I will need to:

- Talk to family/friends about taking me to my appointment.

My support people are: _____

- Get directions to the office.

- Call MDwise customer service to schedule a ride at **317-630-2831** or **1-800-356-1204**.

My crisis plan to help me in the future is:

- Attend my appointments.
- Call family/friends.
- Call the following crisis number(s): _____

Instructions for Going Home

Leaving the hospital is your first step toward getting better! Following these steps will help you.

MY PLAN

Things to take to my appointment:

- Insurance card/Medicaid number.
- Name of my PMP and office phone number.
- Name and phone number of the pharmacy I use.
- Reading material or toys (for children) if I have to wait.

Prepare for my appointment

Problems I'm having:

Questions I have about my condition and treatment:

How likely are you to follow through with your follow up care appointment?

Not Likely 1 2 3 4 5 6 7 8 9 10 Very Likely