

The Patient Health Questionnaire-2 (PHQ-2)

Providers are urged to use the PHQ-2 to inquire about a member's frequency of depressed mood and anhedonia over the last two weeks. The PHQ-2 uses just the first two questions of the PHQ-9.

Using the PHQ-2 screens members for depressive symptoms and can assist in the early detection and treatment of one of the most prevalent and treatable mental health conditions seen in primary care.

If a member screens 3 or more with the PHQ-2, further evaluation with the PHQ-9 is recommended.

Over the past two weeks, how often have you been bothered by any of the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed or hopeless	0	1	2	3