1st Quarter MDwise Behavioral Health Updates 2013

Exclusively serving Indiana families since 1994.
Indiana Health Coverage Programs (IHCP) reviewed the 2013 annual Healthcare Common Procedure Coding System (HCPCS) code updates and announced coverage and billing guidelines to providers in BT20152 dated December 18, 2012.
• Psychiatric Diagnostic Interview
• CPT code 90791 or 90792 (Interactive Interview)
• 1 Unit per member, per billing provider, per rolling 12-months allowed with no PA. 2 units are allowed without PA when member is separately evaluated both by a physician, an advanced practice nurse or HSPP and another mid-level practitioner.
• **Initial 12 Therapy Visits per billing provider PA rule:**
  • CPT code:
  • 90832 Psytx Office 30 min
  • 90834 Psytx Office 45 min
  • 90846 Family medical psychotherapy
  • 90847 Family Psytx conjoint
• **Group Therapy Visits included in 12 initial visits but not interchangeable:**
  • 90853 Group Psychotherapy
• After the initial diagnostic interview (90791 or 90792), member can receive up to twelve (12) therapy sessions without PA per billing provider. Individual and Family therapy sessions can be used interchangeably, therefore authorization applies to this group of codes.

• Group sessions can be provided as part of the initial 12 sessions without PA, however PA for group sessions are not interchangeable with individual and family therapy sessions and must be specifically requested.
19 Medication Management visit per billing provider PA rule

- 99201-99203, New patient, office
- 99211-99213, Existing patient, office
- 99241-99242, Consultation, office

After the initial diagnostic interview (90791 or 90792), PA is not required for the first 19 visits per billing provider for this group of codes. (Service provided by a psychiatrist or nurse practitioners/clinical nurse specialists who have prescription authority.) All other therapy visits for these codes beyond initial 19 require PA. See NOTE below for authorization application guideline.

- 90833 Ind. Psytx with medical E/M 30min and 90836 Ind. Psytx with medical E/M 45 min may be reimbursed in conjunction with these E/M codes and do not require a separate authorization.

- Interactive Complexity (CPT code 90785) is an add-on code to this CPT group and does not require a separate authorization.
• Extended therapy visits:

• 90837 – Psychotherapy 60 minutes with patient and/or family member.

• Is now included in the 1 + 12
Crisis Codes – No Prior Authorization Required

- 90839 - Psychotherapy for Crisis first 60 minutes
- 90840
- PSYCHOTHERAPY for crisis; each additional 30 minutes
- One unit of service may be reimbursed per day.
- Providers who spend less than 30 minutes total rendering psychotherapy of crisis must bill using CPT code 90832 or 90833.
- 90839 & 90840 may not be billed in conjunction with CPT codes 90791 or 90792, or psychotherapy codes 90832-90838.
- CPT code 90840 is an add-on to 90839 and may not be used as a stand-alone code. 90840 is used to report additional 30-minute blocks of time beyond the first 60 minutes of psychotherapy for crisis.