

Important Facts about:

HEDIS Follow Up After Hospitalization for Mental Illness (FUH)

What is the Measure?

The percentage of discharges for members 6 years of age and older who were hospitalized for treatment of selected mental illness or intentional self-harm diagnoses and who had a follow-up visit with a mental health practitioner. **Two rates are reported:**

- The percentage of discharges for which the member received follow-up within 30 days after discharge.
- The percentage of discharges for which the member received follow-up within 7 days after discharge.

Why This Measure is Important:

- A mental health provider can help the member transition to school, work and home once discharged.
- Follow up after hospitalization can help detect difficulty coping or reactions to medication changes made during hospitalization. The appointment allows for early evaluation of any medication changes made during hospitalization.

How can I improve my HEDIS scores?

1. **Educate your patients** on importance of following up with a mental health provider after being discharged from an inpatient mental health hospitalization.
2. **Schedule an appointment** with a mental health provider. PMP appointments do not count towards the measure.
3. **Make sure appointments are within 7 days** of being discharged but not the same day of discharge.
4. At discharge, provide the member with detailed information **regarding their follow up appointment**.
 - Include **date, time, name of person** they are seeing, address of office and any other information to help them feel comfortable getting to the appointment.
 - Discuss **transportation** to the appointment. Contact MDwise Customer Service to confirm member eligibility for transportation services.
 - Address **barriers** the member thinks may interfere with going to the follow up appointment.

For More Information:

- Regarding Behavioral Health HEDIS measures contact the Behavioral Health Specialist at MDwise.
- If you have questions regarding a MDwise member, call Customer service at: **1-800-356-1204**.