

ADHD and School

Tips for Parents

- Be a partner with your child's teacher.
- Understand your child's rights and speak to the school counselor if you need assistance.
- Keep copies of all school papers about your child.
- Learn all you can about ADHD.
- Do homework at the same time each day.
- Set a quiet place for your child to work on homework.
- Have a notebook that goes to and from school to share information about your child.
- Seek testing if your child is not learning.
- Seek counseling if you need help with your child's behavior.