ADHD and School

Tips for Parents

• Be a partner with your child’s teacher.
• Understand your child’s rights and speak to the school counselor if you need assistance.
• Keep copies of all school papers about your child.
• Learn all you can about ADHD.
• Do homework at the same time each day.
• Set a quiet place for your child to work on homework.
• Have a notebook that goes to and from school to share information about your child.
• Seek testing if your child is not learning.
• Seek counseling if you need help with your child’s behavior.