



# Live Longer: Take Statin Medicines

## How they work

- Decrease the bad cholesterol in your blood
- Increase the good cholesterol in your blood
- Prevent heart attacks and strokes
- Proven to save lives

## More information

- You must take this medicine everyday.
- You can only tell it is working by checking the amount of cholesterol in your blood.
- Ask your doctor about your cholesterol numbers and how they affect your health.
- Tell your doctor if you get muscle aches and pains when taking this medicine.

*Ask your doctor if one of these medicines is right for you!*

## Common names

These are some of the common statin medications:

- **Crestor** (rosuvastatin)
- **Lescol** (fluvastatin)
- **Lipitor** (atorvastatin)
- **Mevacor** (lovastatin)
- **Pravachol** (pravastatin)
- **Zocor** (simvastatin)

Source: Indiana Chronic Disease Management Program

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