

Live Longer: Take Statin Medicines

How they work

- Decrease the bad cholesterol in your blood
- Increase the good cholesterol in your blood
- Prevent heart attacks and strokes
- Proven to save lives

More information

- You must take this medicine everyday.
- You can only tell it is working by checking the amount of cholesterol in your blood.
- Ask your doctor about your cholesterol numbers and how they affect your health.
- Tell your doctor if you get muscle aches and pains when taking this medicine.

Ask your doctor if one of these medicines is right for you!

Common names

These are some of the common statin medications:

- **Crestor** (rosuvastatin)
- **Lescol** (fluvastatin)
- **Lipitor** (atorvastatin)
- **Mevacor** (lovastatin)
- **Pravachol** (pravastatin)
- **Zocor** (simvastatin)

Source: Indiana Chronic Disease Management Program