



A Few Things About Diabetes Medications

If you take diabetes pills or insulin injections to control your diabetes, ask your health care provider to explain how these work. It is important to know how and when to take diabetes medicine.

If you take other medicines that are sold with or without a prescription, ask your doctor how these can affect your diabetes control.

When you take insulin injections or diabetes pills, your blood glucose levels can get too low. Ask your doctor or nurse how to prevent levels that are too low or too high.

If you inject insulin, your health care team should be able to tell you:

- How to give yourself injections.
- When you need to change your insulin dose.
- How to safely throw away needles.

Keep taking your diabetes pills or insulin even when you are sick. Do not stop taking them even if you cannot eat. Your health care provider may even advise you to take more insulin during sickness.

Ask your doctor

The best way to learn anything you might need to know about your diabetes medications is to ask your health care provider.

Source: Indiana Chronic Disease Management Program