



THE HEALTH PLAN THAT PROVIDES YOU WITH MORE THAN INSURANCE?

MDwise is an Indiana-based health plan. We provide Indiana families access to high quality health care for more than 30 years. MDwise works with the state of Indiana to provide medical, dental, vision and behavioral health benefits through the Healthy Indiana Plan (HIP) and Hoosier Healthwise (HHW). If you have questions about MDwise benefits our dedicated team can help. You can meet them at community events or talk with them on the phone.

MDWISE PROGRAMS:



MDwise REWARDS: Earn points for healthy activities then use them for FREE gift cards with MDwise REWARDS. Get gift cards for things like groceries, gas and clothing.



SAVEwise Program: Get discounts on food, diapers, car maintenance, gym memberships and more! Access FREE healthy recipes, fitness videos and health information.



HELPlink: Program that connects members to valuable health and community resources.



WORKwise: Your one-stop career center to receive employment and training services. MDwise launched WORKwise as a partnership with Midwest Urban Strategies. The program offers job and interview training, resume writing, skills tests, education and more. WORKwise can also support those entering the workforce with transportation, childcare and access to uniforms and tools.



Transportation Connection: Provides members transportation above and beyond the benefit to pharmacies, food sources, etc.



DRIVEwise: Helps MDwise HHW and HIP members who have a lapsed, suspended, or revoked Indiana driver's license and need help with reinstatement costs to get their driver's license reinstated, unless it is due to a program exclusion. This program was developed to help get members the ability to drive to maintain employment and attend all necessary medical appointments. Covers up to \$500 per member.



FOODwise: Program to provide food assistance to members at risk for food insecurities as identified from the Health Needs Screener.



RECOVERYwise: Safe housing for individuals with Substance Use Disorder/Opioid Use Disorder. MDwise will cover up to a certain amount for initial cost within the first 30 days of a stay in a recovery house.

See back for more programs.

MDWISE PROGRAMS:



RENTwise: Provides rental assistance to MDwise members who are at risk of eviction to help members maintain stable housing and prevent homelessness. Covers up to \$1,500 per member. Benefit may only be used once per calendar year.



WEIGHTwise: A tool to provide you with current information on weight control. By using physical activity and choosing healthy eating habits you can lose weight and keep it off. There are lots of exciting things to do on WEIGHTwise. Adults can use a health calculator to check their body mass index (BMI). Plan and track diet and exercise. You simply write down the foods and exercise done for each day. It can be a fun tool to track healthy eating habits. Kids can learn about how to take care of their body, play games, and watch movies. Teens can learn about total well-being, healthy weight, and nutritional basics.



TEEN Connect: A resource for teens to find health and wellness information.



Ms. Bluebelles Club for Kids: Fun activities at community events such as word searches, crossword puzzles, books, etc.



BLUEBELLE Beginnings: A program for MDwise members who are pregnant. MDwise hosts Bluebelle's community baby showers for pregnant members across the state. We also provide pregnancy information and resources.



MDwise GA Foods: Provides members with home delivered, healthy meals after chronic condition hospitalizations, COVID-19 hospitalization, during quarantine or with infants in the NICU.



Member Advisory Committee: Member meetings to learn about MDwise benefits and community resources. Members also have a chance to tell MDwise what you like about your health coverage and what you think may need improvement.



Disease Management- INcontrol: A special program for members with certain health conditions like asthma, ADHD or depression. MDwise Care Management staff will help you:

- Learn more about your condition.
- Manage your medicines.
- Learn the best ways to work with your doctor.
- Follow your doctor's advice.
- Learn about tests that you should have.
- To take steps to keep your condition from getting worse.
- Get the supplies and services you need.

You will get helpful information related to your disease sent to you in the mail several times a year. We will talk to your doctor about your condition and how you are doing.

DR-09-2024-14320/HHW-HIPO0224 (9/24)