

## What You Should Know About Dental Care

It is recommended that anyone 12 months of age or older have a dental exam once every six months; however, some people may need dental exams or services more often. How often you have dental visits depends on your dental history and findings on exams and x-rays.

- A child's first dental visit should take place after the first tooth appears, but no later than the first birthday.
- Tooth decay is one of the most common health problems facing infants, children and teens in America.
- Cavities can occur at any age, but children and teens are especially at risk.
- Consuming foods or drinks that are high in sugar can make tooth decay worse.

**For adults, untreated dental disease can lead to serious health problems such as:**

- Tooth loss.
- Problems eating.
- Abscesses (sores).
- Infections that can spread to the head and neck.
- In very rare cases, they can be life threatening.

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## Pregnancy and Oral Health:

- It is safe to see the dentist while you are pregnant.
- Untreated gum disease may be associated with pre-term (early) births.
- Good oral hygiene helps prevent gingivitis, a mild form of gum disease that sometimes develops during pregnancy.
- Stomach acid from morning sickness or vomiting can cause tooth decay.

## Contact Information

MDwise uses a company called DentaQuest to provide dental services. For any questions regarding eligibility for dental services, finding a dentist, benefits or other questions call DentaQuest toll-free at **844-231-8310**. Hours are Monday through Friday from 8:00 a.m to 8:00 p.m. **TTY/TDD users should call 1-800-743-3333.**

- To find a dentist, go to: [MDwise.org/FindADentist](https://MDwise.org/FindADentist).
- For full details on your dental benefits, view the member handbook at [MDwise.org](https://MDwise.org).



## Dental Services

for Hoosier Healthwise & Healthy Indiana Plan (HIP) Members



## Hoosier Healthwise Benefits

- Oral exams every 6 months (once each year for adults).
- Teeth cleanings every 6 months (once each year for adults).
- X-rays once every 12 months.
- Fillings.
- Crowns and root canals.
- Specialty care.
- Tooth pulling.
- Partials, full dentures and repairs to both partials and dentures.
- Sedation is available.
- No copays.
- Transportation provided.
- Earn MDwiseREWARDS points for dental exams. Go to [MDwise.org/MDwiseREWARDS](https://MDwise.org/MDwiseREWARDS) to learn more.



**Pregnant members in Hoosier Healthwise and HIP** Receive the same benefits as stated under the HIP State Plan Plus

## HIP Plus Benefits

- Two evaluations and cleanings per person per benefit year.
- Emergency oral exams.
- X-rays every 12 months.
- Up to four teeth pulled or fillings per 12 months.
- One crown per year.
- No copays.

## HIP Basic Benefits

**HIP Basic ONLY offers preventative dental care for 19 & 20 year olds.**

- Oral exams and teeth cleanings every 6 months.
- X-rays every 12 months.
- Earn MDwiseREWARDS points for dental exams. Go to [MDwise.org/MDwiseREWARDS](https://MDwise.org/MDwiseREWARDS) to learn more.

**HIP Basic offers emergency dental care for all members.**

- Emergency oral exams. Anything not preventative includes \$4 copay.

## HIP State Plan Basic, HIP Maternity & HIP State Plan Plus Benefits

- Oral exams and teeth cleanings every 6 months.
- Complete set of x-rays once every three years, bite-wing x-rays once every 12 months.
- Fillings.
- Crowns and root canals.
- Specialty care.
- Tooth pulling.
- Partials, full dentures and repairs to both partials and dentures.
- Sedation is available.
- \$4 copay for State Plan Basic.
- Transportation provided.
- Earn MDwiseREWARDS points for dental exams. Go to [MDwise.org/MDwiseREWARDS](https://MDwise.org/MDwiseREWARDS) to learn more.

