

MDwise has a rewards program for every Hoosier Healthwise member. MDwise members are automatically enrolled in the MDwiseREWARDS program.



## Reward Options

If You Have Earned	Amount Of Gift Card	Gift Card Choices
10 points	<b>\$10</b>	<ol style="list-style-type: none"> <li>1. Subway</li> <li>2. AMC movie passes (Go to <a href="http://www.amctheatres.com">www.amctheatres.com</a> to find locations statewide)</li> </ol>
25 points	<b>\$25</b>	<ol style="list-style-type: none"> <li>1. Grocery Card for Kroger (This card is also good at Smith's, Baker's, Owen's, JayC, Hilander, PayLess Super Markets, Food4Less, Scott's, Fred Meyer, TurkeyHill, KwikShop, Loaf 'n Jug, QuikStop, TomThumb and Smith's Express)</li> <li>2. Walgreens</li> <li>3. Target</li> <li>4. Amazon</li> <li>5. Gym Reimbursement</li> <li>6. Apple Card (Use to purchase iTunes. Only available at 25 point level)</li> </ol>
50 points	<b>\$50</b>	<ol style="list-style-type: none"> <li>1. Grocery Card for Kroger (This card is also good at Smith's, Baker's, Owen's, JayC, Hilander, PayLess Super Markets, Food4Less, Scott's, Fred Meyer, TurkeyHill, KwikShop, Loaf 'n Jug, QuikStop, TomThumb and Smith's Express)</li> <li>2. Speedway</li> <li>3. Target</li> <li>4. Kohl's</li> <li>5. Gym Reimbursement</li> </ol>

## Rules

Every MDwise Hoosier Healthwise member can earn his or her own points. MDwise will count up each member's points on a regular basis. Log on to [MDwise.org/myMDwise](http://MDwise.org/myMDwise) to see how many points you have and how you earned them. You can also redeem your points and order your gift card.

If you do not have a computer or need help, call MDwise customer service at **1-800-356-1204**.

**Here are some rules that must be followed to earn and redeem points:**

1. You or your child must be a MDwise Hoosier Healthwise member at the time you receive the service or perform the action.
2. You or your child must be a MDwise Hoosier Healthwise member at the time you redeem your points and earn your reward.
3. If you only have coverage during your pregnancy, you can still redeem your points for up to six months after your pregnancy is over. This can happen even if you are not eligible for a different MDwise program following your pregnancy. You may need to call MDwise customer service in order to redeem your points.
4. Each member can only redeem up to \$50 worth of points each year. This means that the most you can earn is a \$50 reward each calendar year.
5. Points you earn for each activity will expire 12 months from the date of that activity. For example, if you get your annual physical exam on July 1 of this year you will earn 10 points. The 10 points for that visit will expire on July 1 of the next year. You must use these points before they expire or you will lose them.
6. It is your responsibility to be sure we have your correct address at all times. If we send a card to you at the wrong address we will not resend that card. We will only resend it to you if it is returned to us in the mail.
7. Sometimes your points will not show up right away. Many of the points you earn depend on your doctor sending us the claim or the bill for that service. This sometimes takes several months. Please be patient!
8. MDwise reserves the right to change the MDwiseREWARDS program at any time. We will keep the website updated with any changes.

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# How Hoosier Healthwise Members Can Earn Rewards Points

 All members

 Adults

 Pregnant women

 Children/teens

Each Hoosier Healthwise member can earn points for completing activities as color coded below. More than one color group may apply to each member.

Action	How often	Number of points	Details
Join myMDwise at MDwise.org/myMDwise	1 time	5	This allows us to communicate with you online. You must provide an email address. All communications will be private.
Sign up to get electronic communications through myMDwise	1 time	5	Sign up to receive monthly statements and other communications each month by email or through myMDwise instead of through the mail.
Answer questions about your health (Health Needs Screening)	1 time	10	Each new MDwise member: Earn points by answering health questions for us. We call this a Health Needs Screening. You can do this online through myMDwise, by phone or by mail.
Gym activity	2 times each year	5 per month with 5 visits	You can earn points by going to the gym at least 5 times in a month to reach a maximum of 10 points for the year! You must provide documentation of your visits. Please send documentation to rewards@mdwise.org.
Tobacco cessation	1 time each year	10	If you smoke or use tobacco you can earn points for trying to quit. Complete a cessation program (e.g. Indiana's Tobacco Quitline, Baby and Me Tobacco Free, a program through a hospital or clinic) and earn points. You will have to ask them for a certificate or letter saying that you completed it. Then send a copy to MDwise by mail, fax or email to get your points. Send to: MDwiseREWARDS, P.O. Box 441423, Indianapolis, IN 46244 Fax (toll-free): 1-844-759-8551, Email: rewards@mdwise.org.
Dental exam	2 times a year (once every 6 months)	5 each visit	Ages 6 months and older; a child's first dental exam should occur within 6 months of their first tooth appearing, but no later than their first birthday. For children over age one and adults, dental exams should occur every 6 months or as recommended by your dentist.
Flu shot	1 time each year	5	All persons 6 months and older should get a flu shot or vaccination every season. Talk to your doctor about getting your annual flu shot.
Follow-up appointment after a mental health inpatient hospital stay	After each hospitalization	10	It is important to go to a follow-up appointment after your mental health inpatient hospitalization stay. This appointment should be at an outpatient office or with a counselor. In order to receive REWARDS points, this outpatient appointment must take place within 7 days of your discharge date from the hospital.
Annual physical exam	1 time each year	10	<b>Ages 18+:</b> Call your doctor's office to schedule this important exam once each year.
Cervical cancer screening (Pap test)	1 time each year	5	<b>Female members starting at age 21 (or sooner if your doctor recommends it):</b> Your doctor may want you to get this important preventive screening every year or once every 3 years. It depends on your risk factors.
Annual mammogram	1 time each year	5	<b>Female members ages 40+:</b> Talk to your doctor about scheduling this important preventive screening.
Hemoglobin A1c (HbA1c) test (special blood sugar test)	1 time each year	5	If you are diagnosed with diabetes, this is a very important test to get. It tests your average blood sugar over time. You may need this test more than one time each year. Talk to your doctor about how often you need to schedule this.
Prenatal appointments	Each prenatal appointment you keep during the pregnancy	3 each visit	<b>Pregnant members:</b> Schedule a doctor's appointment as soon as you know you are pregnant. During an average pregnancy you may have 16 visits, although your doctor may recommend more or less.
Postpartum exam	1 time following the pregnancy	10	<b>Pregnant members:</b> Schedule the exam with your doctor's office. It needs to be completed within 4–8 weeks (21–56 days) from the day you had your baby.
Well-child exams (newborn)	7 visits in the first year of life	2 each visit	<b>Newborn members:</b> Talk to your doctor about scheduling these important well-child exams. There are 7 visits in the first year of life (at 2–5 days, 1, 2, 4, 6, 9 and 12 months).
Well-child exams (1–2 years)	3 visits between the 1 <sup>st</sup> and 2 <sup>nd</sup> birthday	4 each visit	<b>Ages 1–2 years:</b> Talk to your doctor about scheduling these important well-child exams. There are 3 visits in the second year of life (at 15, 18 and 24 months).
Lead test (6 months–2 years)	1 time each year	5 each test	<b>Ages 6 months–2 years:</b> Talk to your doctor about getting this important test at age 1 and age 2.
Well-child exams (2–3 years)	2 visits between the 2 <sup>nd</sup> and 3 <sup>rd</sup> birthday	5 each visit	<b>Ages 2–3 years:</b> Talk to your doctor about scheduling these important well-child exams. There are 2 visits in the third year of life (at 30 and 36 months).
Annual well-child check-up (4–17 years)	1 time each year	10	<b>Ages 4–17 years:</b> Call your doctor's office to schedule this important exam once each year.